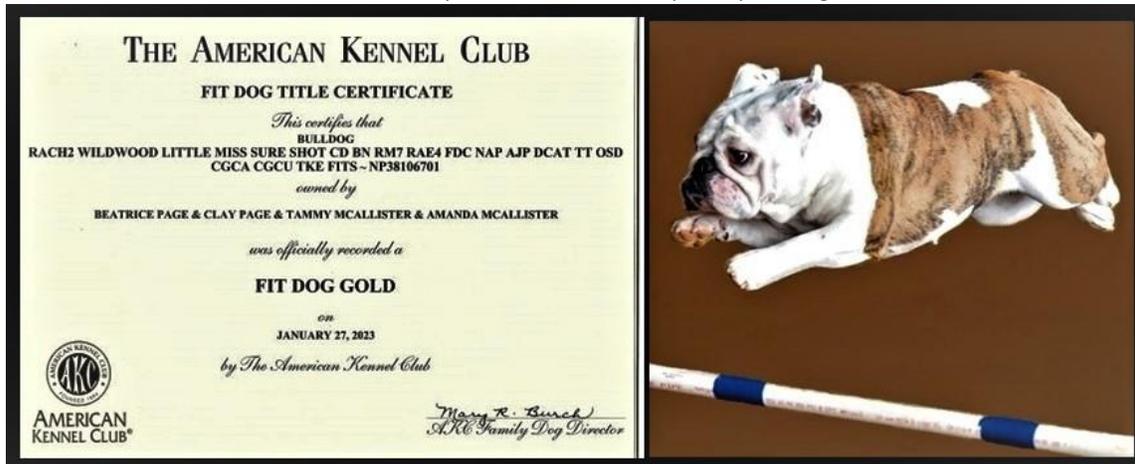


FITNESS TITLES

Titles issued by AKC & DMWYD - Compiled by Bea Page



AKC TITLES

In August of 2018, AKC announced a Fitness incentive program that awarded a magnet to those who walked a designated number of minutes per week for three months and kept a log. Walking is considered a safe activity that can improve muscular strength, circulation, memory & weight loss, as well as increase energy, help with sleep, and reduce stress (for both people & dogs).

In May of 2022 AKC announced it would launch a new Fitness titling program and start issuing 3 levels of titles (Bronze, Silver & Gold) in January of 2023. Go here for info: <https://www.akc.org/sports/akc-family-dog-program/akc-fit-dog/akc-fit-dog-titles/>

Brit's Love Slaterpryce Meaty Man TKN VHMA VSWI FITS
FIT Dog Bronze: 7-Aug-25 FIT Dog Silver: 31-Oct-25
Christine Larnard/Shirley Slaterpryce/Miss Kim E Fowler

Chester's It's Not Easy Being Cheesy RN FCAT SWA SHDN THD RATN DN CGCU TKA ATT FITB
FIT Dog Bronze: 27-Oct-23
Elizabeth Burke/Brooke Adams

GCH CH Colorado's Pretty Fly For A White Guy CGCA CGCU FITS
FIT Dog Bronze: 5-May-23 FIT Dog Silver: 11-Jul-23
Sara French/Landon Richards/Stacie Richards/Dave French

D And D's Spells, Hexes And Potion CA DCAT RATN CGC TKI VHMP FITG
FIT Dog Bronze: 26-Aug-24 FIT Dog Silver: 31-Oct-24 FIT Dog Gold: 18-Jun-25
Lori Korchok

Darkest Ridge Royce VSWB FITS
FIT Dog Bronze: 25-Nov-25 FIT Dog Silver: 23-Dec-25
Rachel Ridge

CH Dinel's Clyde BN RA THD CGCA TKA ATT FITS
FIT Dog Bronze: 14-Sep-23 FIT Dog Silver: 29-May-24
Mrs. Jody Lynn Grunfeld

GCH CH D'Toledo Michigan's Dred Pirate RN CGCA CGCU TKI FITB
FIT Dog Bronze: 7-Feb-25
Tara Denean

GCH CH Emac's Jolly Little Gem Of The Sea TKI ATT VSWB FITS
FIT Dog Bronze: 6-Nov-23 FIT Dog Silver: 8-Feb-24
Elizabeth MacArthur

CH Emac's Mighty Man-O-Man-O-War RN BCAT CGC TKN FITB

FIT Dog Bronze: 14-Feb-24

Elizabeth MacArthur

Emac's There's No Crying In Baseball TKN FITB

FIT Dog Bronze: 24-Sep-25

Elizabeth MacArthur

Emac's Unraveling The Mystery TKI VSWB FITB

FIT Dog Bronze: 16-Dec-25

Elizabeth MacArthur

Georgia Grace II BN RI FDC CA FCAT4 THD RATN CGCA CGCU TKP ATT FITG
FIT Dog Bronze: 30-Jan-23 FIT Dog Silver: 30-Jan-23 FIT Dog Gold: 30-Jan-23
Kelly Rosson

CH Guinns Visconti Twisted Sister FITS

FIT Dog Bronze: 22-Jan-24 FIT Dog Silver: 8-Feb-24

Mrs. Maria D Visconti/Mrs. Jennifer Guinn

Gunslinger Hell' On Wheels RN CGCA CGCU TKN ATT FITS

FIT Dog Bronze: 3-Apr-25 FIT Dog Silver: 10-Jul-25

Laura Anninos/Susan Rohringer

Hulk Smash Mania Lilac Tri Merle CGC TKN FITB

FIT Dog Bronze: 29-Apr-24

LaNecia Thomas

GCH CH Hummerbulls Fireball CGC TKN FITB

FIT Dog Bronze: 17-May-24

Crystal Bennett

Iroc Hit Girl BN RA FDC AX OAJ OF CA FCAT3 SWEE SWM SCME SEME SBME SHDEE SHDM CGCA TKE FITG FTN
FIT Dog Bronze: 9-Jan-23 FIT Dog Silver: 12-Jan-23 FIT Dog Gold: 12-Jan-23
April Paulman

Johnson Ivyside Two Scoops Vanilly CGC TKN FITB

FIT Dog Bronze: 17-May-24

Wednesday Raymond/Linda D Johnson/Benny & Melissa Raymond

Rocky Mountains Sir Knuckles Mcgerk RI CGCA CGCU TKA VSWE FITG

FIT Dog Bronze: 11-Jul-23 FIT Dog Silver: 20-Sep-23 FIT Dog Gold: 20-Oct-23

Mark & Cyndie Loseke

Rosie The English Bulldog RN CGC TKE VHMA VSWE FITG

FIT Dog Bronze: 5-Jan-23 FIT Dog Silver: 2-Oct-23 FIT Dog Gold: 2-Oct-23

Katy Sternberger

Siam Phantom Of The Opera CGCA TKI FITS

FIT Dog Bronze: 8-Feb-23 FIT Dog Silver: 20-Mar-23

Tiew & Ronald Honig

Sir Brigante Beach BCAT DNA CGCA TKI ATT FITB

FIT Dog Bronze: 22-Dec-23

Dr. Crystal Beach

Sittingbullies Castellana Dreamin' Of The Beach CGC TKI ATT FITB

FIT Dog Bronze: 29-Dec-23

Dr. Crystal Beach/Cheryl A Knapp

GCHB CH Sureshot Harmonix Dancing In the Shadows RI FDC BCAT SWAE SWM SCME SBEE SHDN THD RATN CGCA CGCU STR

TKI ATT VHMP FITS

FIT Dog Bronze: 21-Jun-24 FIT Dog Silver: 13-Dec-24

Ashley & Adam Miller

GCH CH Vaughan's Cruz CGCA STR TKI ATT VHMA FITS

FIT Dog Bronze: 11-Jan-24 FIT Dog Silver: 27-Feb-24

Polly Welch/Jackie Vaughan

RACH2 Wildwood Little Miss Sure Shot CD BN RM7 RAE4 FDC NAP AJP DCAT TT RATN OSD CGCA CGCU TKE FITG

FIT Dog Bronze: 19-Jan-23 FIT Dog Silver: 20-Jan-23 FIT Dog Gold: 27-Jan-23

Beatrice & Clay Page/Tammy & Amanda McAllister

CH Winehaus One too Many Billyo FDC DCAT SWAE SCM SEE SBE SHDE CGCU TKI ATT FITS

FIT Dog Bronze: 10-Aug-23 FIT Dog Silver: 10-Aug-23

Audrey Muhlenkamp

CH Winehaus's How Merlot Can You Go? FDC FCAT SWAE SWM SCME SBEE SHDM CGCA CGCU TKI ATT FITG

FIT Dog Bronze: 1-Mar-23 FIT Dog Silver: 3-Mar-23 FIT Dog Gold: 9-Mar-23

Audrey Muhlenkamp

DO MORE WITH YOUR DOG

Go here for info: [https://domorewithyourdog.com/DogTricks/list-of-all-titles/?wdt_column_filter\[sport\]=Fitness](https://domorewithyourdog.com/DogTricks/list-of-all-titles/?wdt_column_filter[sport]=Fitness)

Regular Titles

Canine Conditioning Fitness (CCF) titles: There are 4 levels, which must be earned consecutively. To be awarded these titles, you & your dog must complete the exercises on the CCF Fitness checklist for each level, and have them witnessed by a Canine Conditioning Fitness Coach (CCFC), either in person or via video submission. After a CCFC evaluates you & your dog as having met the requirements, apply to DMWTD for the title.

Specialty Titles

Complete the requirements, show proof to a CCFC & apply

2K-9: Run or speed-walk 2 kilometers (1.24 miles) with your dog. That is 5 laps around a track.

Bunny Run: The Easter Bunny Run is a 3k run/walk with your dog. Launched in 2023. Can be earned each year by completing the 3k Run/Walk anytime during the months of March or April (to coincide with Easter).

Triple Threat: 3K run/walk + 3 repetitions of a high energy burst (such as a bar jump) + 3 minute stretch

Equinox Explorer: 5k run/walk



TDCH Fleur: 2K9 Titleist

Knuckles: 2K9 Titleist

DMWYD TITLED DOGS

Canine Conditioning Fitness (CCF) Titleholders

Samson owned by Lisa A Meadows CCF1 – 12/1/22 CCF2 – 1/6/23

Po owned by Lisa Pellerito CCF1 – 2/11/21 CCF2 – 2/15/21

Potion owned by Lori Korchok CCF1 - 03 Dec 2025

2-K9 Ruff Run (2K9) Titleholders

Potion 10/27/2025 owned by Lori Korchok

Gus 8/4/2025 owned by Kim Fowler

Louie 1/15/23 owned by Meaghen Bobryk

Socrate 1/4/22 owned by Catherine Jasmin

Remmi 8/18/21 owned by Suzy Frigo ATDI

Knuckles 5/24/21 owned by Mark & Cyndie Loseke

Fleur 5/7/21 owned by Patricia Roy

Bunny Run (BR3K-24) Titleholders

Louie owned by Meaghen Bobryk

Maple 3/13/24 owned by Jaclyn Pacheco

Triple Threat (T3) Titleholders

Louie 22 Nov 2025 owned by Meaghen Bobryk

Potion 10/23/2025 owned by Lori Korchok

Equinox Explorer (EQ25)

Potion 23 Oct 2025 owned by Lori Korchok